In this issue:
- Tribute to Steve Gordon
- What it takes to be a Ride Leader
- Ride Cancellation Policy
- Safety message on intersections
- Group Rides (ON HOLD UNTIL FURTHER NOTICE)
- May Board Meeting (ONLINE)
- BCM events (Webinar)
- Weekly Rides (ON HOLD UNTIL FURTHER NOTICE)
- Links

Remembering Steve Gordon (provided by Dave Collins)

Long-time members of Casco Bay Bicycle Club will remember Steve Gordon, who passed away last December 22nd, just days after our holiday banquet.

Steve was one of the first club members I met when I joined the club in 2002. Steve ran the CBBC newsletter in those days, including a column where he tracked the miles ridden by each club member. Steve was active in other ways as well, including leading beginner rides on Saturdays out of Payson Park in Portland, and assisting Ken O’Brien on the Fryeburg Frolic. Steve could be counted on to man the grill at the annual Beaches ride, accompanied by his dog (see picture on right).

Steve had a heart condition and maintained that cycling is what keeps him alive. He lived in Portland but would ride 12 miles to Yarmouth on Wednesday nights and Saturday mornings to participate in our club rides. After Wednesday’s rides he would join us at Romeo’s for pizza and camaraderie, then get back on his bike and ride home in the dark. He had a high-powered headlamp so he could see his way home. He also led a “night ride” for a few years with all riders equipped in this way.

You can contribute to Steve’s legacy in a tangible way through a donation to the Portland Wheelers, or the Biddeford Community Bicycle Center.

~ Dave Collins
Steve’s obituary can be found at [this link](https://pressherald.com) on the Press Herald website, and also below:

**Portland - Stephen W. Gordon 78, passed away peacefully on December 22, 2019 with his sons by his side.**

*He was born in Manhattan on April 22, 1941 To Leo and Celia Gordon. Steve earned a bachelor's degree in geology from NYU in 1962. He put his education to good use joining a five-year research expedition around in the southern hemisphere with a focus on the Antarctic. He made several contributions to science including the mapping of several ocean currents.*

*After returning to NYC he met the woman he would marry, Anastasia T. Gordon, at a political event supporting the labor rights of healthcare workers. He taught physics in New York for a while before Steve and Anna moved to Maine in the early 70s to raise a family, spending a few years in Bangor before settling in Portland where they had two sons.*

*Steve worked as a tool and die maker starting in 1973 and as a labor activist for most of his life. Among many other causes, he fought for increasing the minimum wage and guaranteed sick leave for workers. With a wide range of interests, Stephen never stopped reading and learning. Also passionate about helping others learn from his experience, Steve had a vast and lasting influence on the people around him.*

Anna passed away in 2015 and Steve leaves behind their sons Daniel and Albert Gordon, his cousin Louise Gould and her family in California. He will be missed by many friends and students.

---

**What does it take to be a Ride Leader?**

*by Tina West, Steve Capriola, and Andy Smith-Petersen*

It's actually pretty simple 😊

- **Before the ride:**
  - Decide where you'd like to ride; you can use one of your personal favorites or use the RideWithGPS route that was used last year.
  - Email the RideWithGPS link to CBBC members via a distribution list that is maintained by the club.
  - Print some paper copies of the cue sheets for people who do not use RideWithGPS.

- **Day of ride:**
  - Show up for the ride about 15-30 minutes early.
  - Ask non-CBBC members and members for whom this is their first ride of the season to sign the Liability Form (and stress the benefits and importance of joining the club).
  - Ask someone to be the sweep for the ride (so nobody gets lost or left behind).
  - The ride leader may also ask for a sub-leader to be the “first person out of the lot”.
    - We don’t typically appoint a “first person out of the lot” unless there's a tricky start (e.g. bike path where we need to keep the speed way down).
    - Provide a couple of safety tips to the group
Leader should point out regroup spots - these are not always defined in the routes - and remind riders not to congregate on the road.

- Start on time
- Ride the route and have fun!!
- After the ride, give the Liability Form to Steve Capriola (or another board member).

That's about it. So . . . how about it? Can we count on you to lead at least one ride this season? It's fun, you can pick the ride that you want to do, and the other riders will sure appreciate it 😊. You can choose any ride from our library of rides in RideWithGPS, not just the ride that was used last year at this time. Just be sure to choose an appropriate ride length (for example, you don’t want to end up riding in the dark) and try to avoid roads that are closed due to construction (not always an easy task).

If you’re a newbie to the Ride Leader role, please don’t fret . . . there are plenty of experienced leaders who are eager to help.

Thanks, in advance, for your help to ensure that all CBBC rides have ride leaders!!

Important Note: CBBC Rides that have no ride leader will be cancelled since our club's liability insurance is only in effect for those rides with leaders (see the following message below).

Casco Bay Bicycle Club has adopted the following Ride Cancellation Policy

Why do we need a Ride Cancellation Policy? To make sure that CBBC members understand the protocol that will be used when (1) no ride leader is available and (2) inclement weather exists.

Ride Cancellation Policy

- For those dates on the Ride Sheet where there is no ride leader listed, the Ride Coordinator is responsible for communicating the cancellation to the CBBC Members via email and Facebook (in advance of the ride) and updating the ride spreadsheet.
- If, due to unforeseen circumstances, the ride leader does not show up for a ride, the ride will be considered cancelled. Those who show up for the ride can either go home or decide to ride as a group . . . without the risk protection provided by CBBC’s insurance.
- If the weather is “iffy,” the Ride Leader should decide within 45 minutes of the ride’s start time whether to cancel the ride or not; if the ride is cancelled, the Ride Leader is responsible for communicating the cancellation to the CBBC Members via email and Facebook.

Note: The document that lists the date, ride leader, special notes, and the RideWithGPS link for each ride is called the Ride Sheet. These sheets are stored in the Rides folder and are named CBBC Monday Ride, CBBC Thursday Ride, etc. The Ride Sheets can be accessed via the Rides page, on the CBBC website and is available to the public.

Safety Message about cycling through intersections

Say “rolling” not “clear” at intersections — Tony M: My bike club stopped saying “clear” at intersections in agreement with League of American Bicyclists. We now say, “rolling” and have trained the members that “rolling” actually means “I am proceeding through this intersection but it’s up to you to determine if it’s safe for you to proceed”. It sounds a little redundant, but everyone gets so complacent when they hear “clear” that we decided to change up the dynamic.

NOTE: If we are to use the “rolling” term in place of “clear” we should emphasize this before all of our weekly rides (at least for the first few weeks to get the word out).

Board Meeting (Virtual)

Tuesday, May 12th at 6 PM

On-line: Hangouts video call
### 2020 BCM EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Bicycle Coalition Events</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 29</td>
<td>3:00pm-4:00pm</td>
<td>BCM WEBINAR: BICYCLE &amp; PEDESTRIAN SAFETY EDUCATION</td>
<td>Webinar</td>
</tr>
<tr>
<td>Apr 29</td>
<td>4:00pm-5:00pm</td>
<td>BCM Webinar: Bicycle Rodeo Training</td>
<td>Webinar</td>
</tr>
</tbody>
</table>

**Weekly rides: (ON HOLD)**

**Sunday morning ride in Gorham (ON HOLD)**
Departs 9:00 AM year-round. Meet at the Field House on the USM campus. (Take Route 114 north from the intersection with Route 25 in the middle of town. At blinker, 1/4 mile, turn left, field house is the second building on right.) No set mileage. Usually closer to 20 miles in the winter and 35 miles in the summer. No set pace. Determined by slowest pace called for by any individual attendee that week, down to about 12-13 mph average (~15-16mph flat ground cruising). FMI contact Ken at 207-415-0364 or kob22225@mac.com.

**Monday morning ride in West Falmouth (new for 2019) (ON HOLD)**
Frequently departs at 10:00 am from the Falmouth Community Park on Winn Road, but sometimes a different location is selected; please refer to the Ride Sheet for the start location. Distances will be 25 to 35 miles, and in keeping with club tradition will usually include a stop for something to eat, either during or after the ride.

**Wednesday evening ride in Yarmouth (ON HOLD)**
Departs 6:00 PM May – August; 5:45 in September. Meet at the south end of the Hannaford Supermarket parking lot (beyond TD Bank). 15-20-mile ride at a moderate (12-15 mph average) pace. Romeo’s Pizza after the ride for something to eat and drink. FMI, contact cbbc-board@googlegroups.com. Sign up to lead a Wednesday ride.

Steve Buxton is also offering a “learn to group ride” session and ride on the first Wednesdays of May, June, July, August and September. This ride leaves from the same location and at the time as the regular ride. Participants are welcome to join the group afterward at Romeo’s! For more information, contact Steve at smarkbux@gmail.com or text 207-632-4191.

**Thursday evening ride in Westbrook (ON HOLD)**
Departs 6:00 PM May – August; 5:45 in September. Meet at the Westbrook Common. The Thursday evening ride is centrally accessible in Westbrook. The format will be essentially the
same as our Wednesday night ride – a 12 to 20-mile ride at a moderate pace, followed by something to eat and drink. FMI contact Janice Musacchio at murdoch@maine.rr.com.

**Saturday Morning ride in West Falmouth (ON HOLD)**
Departs 9:00 AM May through September; 10:00 AM in October (please consult our calendar: no rides when some other club rides are scheduled...such as York Beaches or Fryeburg Frolic). **Our new start location is at the Falmouth Community Park at 19 Winn Road, Falmouth.** Rides are generally from 25 to 35 miles with mostly a moderate pace and moderate terrain. Stops during the ride or after the ride at Maddens Bar & Grill for food and drink. FMI contact Steve Capriola at sjcapri@maine.rr.com. **Volunteer to lead a Saturday ride***

**Club Discounts:**

*Thank you to these shops for offering a discount to club members! (See shop for details.)*

![Discount Logos](images)

**Links:**
Casco Bay Bicycle Club: [http://cascobaybicycleclub.org/](http://cascobaybicycleclub.org/)
Road Bike Rider: [http://www.roadbikerider.com/](http://www.roadbikerider.com/)