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**Winter Pot Luck**

We had our Winter Pot Luck Dinner on Saturday, February 22\textsuperscript{nd} at First Parish Church in Gorham. I apologize in advance for the poor quality in some of the cell phone photos I took. I will bring a camera next time.

**Some of the food we were shared**

Thank you to everyone that brought food and supplies. The deserts were out of this world. Fruit salads, chocolate cakes, brownies, etc….to name a few. Now all we need is some warmer weather to work off these added calories.
Enjoying our meal
Birthday cake for Andy and Ron
Board Meeting (club members welcome)
Tuesday, March 3rd at 6 PM

OTTO’S (upstairs in the back) 367 Main St. in Yarmouth.

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Bicycle Coalition of Maine events of note:
Note: Your rides/events can be added to the Bicycle Coalition of Maine Events calendar by emailing the ride/event info to info@bikemaine.org.

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<th>Date</th>
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| 12   | 6:30-8:30p.m. | **BMC Movie Night:** [Breaking Away](#)  
Note: This is the last movie of BCM’s winter film series | 38 Diamond Street  
Portland, ME |
| 19   | 12-4:00p.m.  | **Maine Beer Company Bike Drive:** Come by Maine Beer Company in Freeport with bicycles in any condition that you would like to donate to be sold at the Great Maine Bike Swap. For every bike you donate, you will receive a free beer voucher! By donating a bike you are making Maine better for walking and biking while enjoying delicious Maine made beer! | Maine Beer Company  
Rt 1  
Freeport, ME |
| 26   | 10am-6pm    | **Great Maine Bike Swap:** The Great Maine Bike Swap offers a great way to buy or sell quality used bicycles at an affordable price. You also can sell the bikes cluttering your garage or basement and turn them into cash. | Univ of Southern Maine  
66 Falmouth St  
Portland, ME |
Weekly rides:

**Sunday morning ride in Gorham**
Departs 9:00 AM year-round. Meet at the Field House on the USM campus. (Take Route 114 north from the intersection with Route 25 in the middle of town. At blinker, 1/4 mile, turn left, field house is the second building on right.) No set mileage. Usually closer to 20 miles in the winter and 35 miles in the summer. No set pace. Determined by slowest pace called for by any individual attendee that week, down to about 12-13 mph average (~15-16mph flat ground cruising). FMI contact Ken at 207-415-0364 or kob22225@mac.com.

**Monday morning ride in West Falmouth** (new for 2019)
Departs 9:00 am from the Falmouth Community Park on Winn Road. Distances will be 25 to 35 miles, and in keeping with club tradition will usually include a stop for something to eat, either during or after the ride.

**Wednesday evening ride in Yarmouth**
Departs 6:00 PM May – August; 5:45 in September. Meet at the south end of the Hannaford Supermarket parking lot (beyond TD Bank). 15-20-mile ride at a moderate (12-15 mph average) pace. Romeo’s Pizza after the ride for something to eat and drink. FMI contact Andy Smith-Petersen at asmithpetersen@cascobaybicycleclub.org. Sign up to lead a Wednesday ride >

Steve Buxton is also offering a “learn to group ride” session and ride on the first Wednesdays of May, June, July, August and September. This ride leaves from the same location and at the time as the regular ride. Participants are welcome to join the group afterward at Romeo’s! For more information, contact Steve at smarkbx@gmail.com or text 207-632-4191.

**Thursday evening ride in Westbrook**
Departs 6:00 PM May – August; 5:45 in September. Meet at the Westbrook Common. The Thursday evening ride is centrally accessible in Westbrook. The format will be essentially the same as our Wednesday night ride – a 12 to 20-mile ride at a moderate pace, followed by something to eat and drink. FMI contact Janice Musacchio at murdoch@maine.rr.com.

**Saturday Morning ride in West Falmouth**
Departs 9:00 AM May through September; 10:00 AM in October (please consult our calendar; no rides when some other club rides are scheduled...such as York Beaches or Fryeburg Frolic). **Our new start location is at the Falmouth Community Park at 19 Winn Road, Falmouth.** Rides are generally from 25 to 35 miles with mostly a moderate pace and moderate terrain. Stops during the ride or after the ride at Maddens Bar & Grill for food and drink. FMI contact Steve Capriola at sjcapri@maine.rr.com. Volunteer to lead a Saturday ride

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Club Discounts:

Thank you to these shops for offering a discount to club members! (See shop for details.)

Links:

Casco Bay Bicycle Club: http://cascobaybicycleclub.org/


Bicycle Coalition of Maine: http://www.bikemaine.org/

Road Bike Rider: http://www.roadbikerider.com/