

<https://www.discovertuscanyc.com/tuscany-by-bike/>

## Biking in Tuscany

1. Tuscany offers an ideal scenario for cycling enthusiasts of all levels.

Tuscany is mostly a hilly territory, with plains concentrated mostly along the rivers and the coast. For cycling fans, this means putting yourself to the test on the same hills and slopes many cycling legends trained, including Bartali, Cipollini and Bettini. Tuscany is in fact a land of cyclists.

2. **Best months for cycling are from March to June. September to October.**

July and August are hot months and outdoor sports are limited to early mornings or late afternoons, or mainly for mountain bike outings at night. Other months can be cold or rainy, and during winter it is best to avoid mountain passes.

3. **Traveling Tuscany on a Budget**

Choose from economical [bed and breakfasts](#), low priced hotels or **bargain deals** on [farmhouse](#) or a self catering [apartments](#). Accommodations [for families](#), which offer a swimming pool and a large garden for romping around can also offer exceptional views and easy access to garden markets for the [best buys](#). Room rentals where there are no high priced extras - just a simple bedroom with private bath. No frills accommodations or a cosy country decor, there is something for **everyone's budget**.

## 4. Getting to Tuscany by plane

Tuscany has 2 international airports, the [Galileo Galilei International Airport](#) in Pisa and [Amerigo Vespucci Airport](#), known as **Peretola**, in Florence. Located only 80 km apart, the Pisa airport is the larger of the two airports.

Both airports handle flights to **major European cities**. Pisa handles the bulk of European scheduled flights so it might be easier to find flights into Pisa.

Direct flights **from North America** are generally more expensive than stopover routes somewhere else in Europe. More affordable fares can be had if one flies non-stop to a major European city such as London or Paris and then takes a Ryan Air (low-fare European airline) flight direct to Pisa. You'll have to change airports in London and Paris, though, as Ryan Air generally uses secondary airports.

**Average High/Low Temperature (°F) – Florence**

Apr 68°/46° May 75°/53° Jun 84°/58° Sep 81°/58° Oct 69°/51

## \*\*\*\*Look at book for VBT packages.

**Example: 7 Days No air= \$2,345 With Air= \$3,295**

This tour offers a combination of easy terrain and moderate hills, and is ideal for beginning and experienced cyclists. Our VBT van support shuttle is always available for those who need assistance with the hills.

**Average Daily Mileage:** 18 – 45 miles (29 – 72.4 km)

**Average Cycling Time:** 2 – 5 hours

### **Air Package Plus**

- Roundtrip international airfare
- 8 nights in 4- and 5-star hotels and two *agriturismi*
- 13 meals – 8 breakfasts, 2 lunches, 3 dinners
- Transfers
  
- **Service of two bilingual VBT Trip Leaders**
- **FULL VAN SUPPORT**
- Daily route directions and maps
- Welcome reception
- Sightseeing and cultural activities

DAY 1: Depart from home / Fly overnight to Florence

Depart from home for Italy. The particulars of your arrival overseas are detailed with your flight itinerary.

DAY 2: Arrive in Florence

DAY 3: Meet Trip Leaders in Florence / Transfer to Collemezzano

DAY 4: Ride the road of the '3 Comuni' and Explore Costa degli Etruschi

DAY 5: Cycle Cecina Mare and the Strada del Vino

DAY 6: Visit an olive oil mill

DAY 7: Cycle Sassetta, Suvereto and Maremma

DAY 8: Explore Castiglione della Pescaia

DAY 9: Transfer to Rome / Free time / VBT No-Air Package ends

DAY 10: Depart for home

### **Cultural Highlights**

- Stay at an *agriturismo* resort featured in *Condé Nast Traveler*
- Cycle lush Maremma Park, a World Wildlife Fund preserve
- Savor the famed Morellino and Super Tuscan wines
- Enjoy farm-to-table cuisine at Tuscan *fattorie* lodgings
- Swim and sunbathe at beaches along the Tyrhennian Sea
- Learn to bake Tuscan *cantucci* almond cookies
- Visit the Andreini family olive oil mill for a tasting
- Explore the Romanesque Castle of Saint Nicholas
- Picnic at a Maremma organic vegetable and cattle farm