

## Tour 20 - Conway Lake Beach Ride - 11.6 miles

Conway Lake is one of the largest bodies of water in the area, ringed by mountains and dotted with islands. Just over the border in New Hampshire, a sandy beach is the launching point into a cove where anglers, swimmers and paddlers congregate. Along the way there, catch glimpses of the Saco River as it winds its way to the Atlantic. Bring a towel and ride two states.

<b>At</b>	<b>Go</b>	<b>Onto</b>	<b>For</b>	<b>Travel Information</b>
0.0	<b>R</b>	Bradley St.	<b>0.2</b>	
0.2	<b>L</b>	Main St./Route 302	<b>5.0</b>	
5.2	<b>L</b>	Mill St.	<b>0.9</b>	Blinking yellow light. Fryes Store for snacks drinks and ice cream near intersection. Beach near end of this stretch.
6.1	<b>L</b>	Old Mill Rd.	<b>1.2</b>	
7.3	<b>R</b>	Route 302	<b>3.0</b>	
10.3	<b>R</b>	Maple St.	<b>0.5</b>	Maple St. is just beyond building with "Jewelry" sign.
10.8	<b>L</b>	Smith St.	<b>0.4</b>	
11.2	<b>R</b>	Main St. /Route 302	<b>0.4</b>	
11.6	<b>R</b>	Fryeburg Academy		