



Events

March Club Meeting

**March 22nd, 6:00PM,
O'Natural's. See below**

****Please note time change to 6:00PM for start of club meeting and slide show****

European bike trip slide show. Thursday March 22nd, 6:00PM, O'Natural's, Exchange Street, Portland.

Bill and Noreen Skoolicas will present a slide show of their trip last May and June to Austria, Germany and Hungary.

My wife Noreen and I are looking forward to the opportunity to share our experiences with your group.

We will present a slide show that chronicles a bike trip we took from Salzburg, Austria, to Budapest, Hungary, in May/June of last year. We will narrate as necessary, and we will be pleased to answer questions of any kind about the trip.

We flew into Munich, Germany, and took a train to Salzburg,

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BIKE WAY

**NEWSLETTER OF THE CASCO BAY BICYCLE CLUB
SERVING THE SOUTHERN MAINE BICYCLING COMMUNITY**

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Major Taylor was much more than just a bicyclist

By Albert B. Southwick

TELEGRAM & GAZETTE

Worcester, Mass.

September 16, 2001

"There are positively no mental, physical or moral attainments too lofty for the Negro to accomplish if granted a fair and equal opportunity."

From the foreword to Marshall Taylor's autobiography, "The Fastest Bicycle Rider in the World" Marshall "Major" Taylor's exploits on the bicycle tracks of three continents are legend. From 1898 to 1904 he was indeed the fastest bicycle rider in the world. In 1899 he set seven world records -- in the quarter-mile, the one-third-mile, the half-mile, the two-thirds-mile, the three-quarter-mile, the mile and the two-mile. He did the mile (from a standing start) in 1.41, a record that stood for 28 years. He did the "paced" mile (behind a five-man windbreaker bike) in 1.31 and in 1.22 behind a motorcycle pacer. He also raced and won in the longer meets -- two-mile, five-mile, etc. He even once competed in a grueling six-day race at Madison Square Garden and came in eighth, having logged 1,732 miles over the 142 hours of competition. But with his dazzling last-minute sprints, he was better adapted for the shorter races. During his professional career, he won hundreds of meets in the United States, Canada, France, Belgium, Switzerland, England, Italy, Denmark and Australia. He would have won many more had he been treated fairly. His record would be impressive for any cyclist. It was phenomenal for someone who, every time he rolled out onto the track, faced what he called "that dreadful monster prejudice." It was his hard-fought victory over the racist mind-set of America 100 years ago that gives him national significance.

For more information on Major Taylor and why and where he is being honored today visit the following website:
<http://www.majortaylorassociation.org/index.html>

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Austria. Beginning in Salzburg, Austria, we rode north along the Salzach and Inn Rivers to Passau, Germany, where the Inn River meets the Danube River, then east along the Danube, all the way to Budapest, through Vienna, and Bratislava. The entire ride was around 600 miles and was mostly along well-marked bikeways. We planned and executed the trip on our own and travelled without outside support. It was our second trip of this type, the other being to France the previous year.

Bill Nicolais

25 Maine Maple Sunday ride

The Gorham Sunday Ride doubles as the *MAINE MAPLE SUNDAY RIDE*. The ride will be approximately 23 miles in length. 9:00AM is start time. We will leave from the Costello

Fieldhouse, USM Gorham campus, and bike to the Merryfield Farm. There will be pancakes, oxen cart rides, sugar-house tours, and gift store.

April

9 Portland Bike - Ped ommittee Meeting 6:00 PM Room 209,

19 Club Meeting 7:00 PM O'naturals, Portland

29 Great Maine Bike Swap 10:00 AM - 2:00 PM USM Gym, Portland

July

6 - 8 Friday - Sunday 19th Maine Bike Rally Yarmouth, Maine

Now is the time to make your plans for a fantastic weekend with your favorite people. Rides for all, Food, Camping, Entertainment, and other fun events. Get involved call Ken O'Brien - 839-5468

Bike Shops Offer Member Discounts

Support the bike shops listed below. All of offer CBBC members get a ten percent discounts on gear and accessories (unless otherwise specified)

Allspeed Bicycle & Ski
1041 Washington Ave. Portland, ME
878-8741, www.allspeed.com

Cycle Mania
59 Federal St. Portland, ME
774-2933, www.cyclemania1.com

Back Bay Bicycle
333 Forest Ave., Portland, ME
773-6906, www.backbaybicycle.com

Cycle Mania
59 Federal St. Portland, ME
774-2933, www.cyclemania1.com

Bath Cycle & Ski
U.S. Route 1, Woolwich, ME
1-800-245-3626, www.bikeman.com

Gorham Bike & Ski
1440 Congress St. Portland. ME
773-1700, www.gorhambike.co

Cape Able Bike Shop
83 Arundle Rd. Kennebunkport, ME
1-800-220-0907 www.mnetwork.com/
cape-ablebike

Rainbow Cycle Center
1225 Center St. Auburn, ME
1-800-244-7576, www.rainbowbike.com

Weekly Rides

Wednesdays— Casco Bay Bicycle Club ride (Yarmouth) ; 6:00 PM (2/3-L/M - 13/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, call Barbara Stebbins or Ron Levere. 846-4844
 stebbins@usm.maine.edu Ends 9/28
 The Yarmouth rides will resume May 3rd.

Thursdays - CBBC ride (Portland) 2nd and 4th Thurs. of the month
 Leave from *Back Bay Bicycle Shop* on Forest Ave. in Portland.
 20-30 miles 2/3 /M For Info call Steve Gordon: 828-7990 e-mail stevogordo@hotmail.com or talk to Kris Clark at Back Bay Bicycle

Saturdays-----CBBC ride (Yarmouth); 9:00 AM All year ride (2/3-M-15/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, contact Dave Clements. 657-5854

Sundays—9:00 AM. (2/3-L/M/B-20-50 miles), CBBC ride (Gorham); meet at the USM Field House on the Gorham Campus. Take Route 114 North from the intersection with Route 25 in the middle of town. At the blinker, 1/4 mile, turn left, field house is the second house on the right. FMI, contact Ken O'Brien 839-5468

Sundays - CBBC - Easy Ride. Ride slowly, see the scenery and just take it easy. I planned to have a ride for beginners or those who just want to spend a relaxed Sunday afternoon on their bicycles. The ride will leave from the basketball courts in Payson Park, Portland. (It is the Park between Baxter Blvd and Ocean Ave). The start time is set for 2:00 PM. Call me, Steve Gordon: 828-7990 or e-mail me, stevogordo@hotmail.com.

Note

Wednesday evening and Sunday afternoon rides start up in May.



Calling all Trekkers!

We are excited to be forming another CBBC Team for ~Maine Lung Association's TREK Across Maine~ this year and are inviting everyone to join the team! Not only are you contributing to clean air initiatives, education on lung diseases like asthma and COPD and tobacco treatment (like that isn't enough) BUT it's a great way for our club to "show our stuff" and have a lot of fun! Save the dates: Friday June 15th - Sunday June 17th
 For more information and to register as a CBBC team member: please go to www.mainelung.org

Interested riders please email Mick McGuinn or Jody O'Farrell (your CBBC TREK TEAM co-captains) - email addresses at: <http://cascobaybicyclub.org/honchosp.htm>

Dorm rooms are full There is a waiting list- Please consider camping or the area accommodations.

Riding A Century (Almost)

By Kathy Potrepka

Arriving at USM Costello gym at 6:40 to prepare for part of the Fryeburg Frolic, there was a hub of activity underway. Bicycles were being unloaded from vehicles which needed to be moved to the back parking lot. The registration table was setup, and folks were signing in (free for club members, you know), and picking up their bag of snacks.. What a sight to see of various multi-colored jerseys including 12 orange/white/black ones from the Maine Cycling Club of Lewiston/Auburn, and eager faces ready to take off once Ken O'Brien gave the word.

The morning fog lifted early in the day, as we reached the first water stop hosted by Steve Rines. Clear blue skies and warm temperatures made for a marvelous riding day. Anne Murphy was ready for the gang in Cornish, and had all sorts of goodies at her food stop. Due to personal time constraints I knew I could not do the full century. At this food stop, the option of riding to Brownfield and then turning around, appealed to Larry Barron, Maggie Guthrie and myself. Maggie did save a turtle's life, and Larry and I saw two deer cross the road. Amy Barnes and Joanna Rawlings-Sekunda knew that they missed us in Fryeburg, but still had snacks out for us along the Saco River.

Some riders are able to ride in small groups and keep up a faster pace. Consequently some caught up with us as we returned to USM. Congratulations to them for completing the whole ride. I found it easier to know my own limits, set out to do what I could (83 miles), be joined by Larry and Maggie, be greeted at the food stops, and truly ENJOY the ride. After all, it's not a race but an adventure. Come along next year (we may have new public bathrooms in Cornish by then!).

Ride Key

TERRAIN

- 1 = Flat with a few easy grades
- 2 = Flat with a few rolling hills
- 3 = Rolling to moderate grades
- 4 = Rolling with some steep grades

PACE

- F = Family (less than 9 mph)
- L = Leisurely (9 - 12 mph)
- M = Moderate (13 - 16 mph)
- B = Brisk (17 - 20 mph)



BIKE WAY

CBBC - P.O. Box 10523
PORTLAND, ME 04104

PLACE
STAMP
HERE

First Class

Notice: check the date below your address on the mailing label of this newsletter and renew before that date.

CBBC meetings are held on the third **Thursday** of the month at 7:00 PM. FMI, Call Dave Clements at 875-2589

Casco Bay Bicycle Club Application Form

Name(s): _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone: (H) _____ **(W)** _____

(E-Mail) _____

Include me on the CBBC e-mail distribution list: Yes ___ No ___

I acknowledge that there is inherent risk of bodily harm in participation in any bicycling event and agree to assume all such risks. I hereby release and hold harmless Casco Bay Bicycle Club as well as their officers, organizers, ride leaders, sponsors and individuals for all claims, causes of action liabilities out of my participation in Casco Bay Bicycle Club events. I am at least 16 years of age and agree to obey traffic laws and rules of the road.

Signature: _____ **Date:** _____

Membership: Individual rate - \$15.00 New _____ Renewable annually in the _____
Family Rate - \$25.00 Renewal _____ month originally joined

For Club use:
Member # _____
Date paid _____
Amt. Paid _____
Expires _____

Mail to:
CBBC
P.O. Box 10523
Portland, ME 04104