



# BIKE WAY

NEWSLETTER OF THE CASCO BAY BICYCLE CLUB  
SERVING THE SOUTHERN MAINE BICYCLING COMMUNITY

Steve Gordon - Editor, 828-7990 [stevogordo@hotmail.com](mailto:stevogordo@hotmail.com)

Ron Levere - President, 846-4844 [levere@maine.edu](mailto:levere@maine.edu)

on the web: [www.cascobaybicycleclub.org](http://www.cascobaybicycleclub.org)

## Events

The last Friday is "Green Streets Day". Wear green and get discounts from area merchants. Eg. \$2.00 pints at Slaints

February

**Feb. 27,**

**Welcome to our annual Banquet - Potluck dinner and Dance**

The event is scheduled for the 27th but if we are bumped due to a funeral it will be TBA

The place is First Parish Church in Gorham.

Best directions are: from the center of town (where Amatos is)

Proceed north on Rt #114 (School Street)

Take the first Right onto Church Street.

Church is on the left.

Parking is on the left, at the bottom of the hill.

Past practice has been (and I have not heard anything different this time) is that people begin to show up around 5pm. The meal is around 6pm followed by the program.

**Continued on Page3**

## These are a few pics from this year's Holiday Party

As usual Patty did an outstanding job in putting on this event. It went off without a hitch and the food was very good. It was a happy time and we all enjoyed seeing out riding buddies in civilian attire. Since Verillo's is closing we will have to find a new venue for next year's party.





### Andy's Ride

This is Andy's ride. Send me yours

	Dist	Turn		Road	Exit	Total Time	Total Dist
		Start	at	Willow St		00:00:00	0.00 mi
		Go straight (NW)	on	Willow St		00:00:00	0.00 mi
	in 0.00 mi	Keep left (SSW)	on to	US 1		00:00:00	0.00 mi
	in 0.99 mi	Keep right (SW)	on to	Portland St		00:02:21	0.99 mi
	in 0.75 mi	Keep left (SSW)	on to	Middle Rd		00:04:22	1.74 mi
	in 1.07 mi	Turn right (NW)	on to	Tuttle Rd		00:06:25	2.81 mi
	in 3.21 mi	Go straight (NW)	on to	Blanchard Rd		00:11:50	6.02 mi
	in 2.96 mi	Turn right (N)	on to	Orchard Rd		00:16:56	8.98 mi
	in 0.80 mi	Turn right (NE)	on	Orchard Rd		00:18:50	9.78 mi
	in 0.98 mi	Go straight (NE)	on to	Haskell Rd		00:21:09	10.76 mi
	in 0.92 mi	Turn left (N)	on to	SR 115 (Gray Rd)		00:23:19	11.68 mi
	in 0.61 mi	Turn right (ENE)	on to	Mill Rd		00:24:20	12.29 mi
	in 2.16 mi	Go straight (SE)	on to	North Rd		00:27:57	14.45 mi
	in 6.04 mi	Keep right (SSW)	on to	E Main St		00:40:53	20.49 mi
	in 0.37 mi	Turn right (WNW)	on to	Willow St		00:41:52	20.86 mi
	in 0.23 mi	Finish	at	Willow St		00:42:45	21.08 mi

February 2010  
**Weekly Rides**

Wednesdays— Casco Bay Bicycle Club ride (Yarmouth) ;5:45 PM (2/3-L/M - 13/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, call Barbara Stebbins or Ron Levere. 846-4844 stebbins@usm.maine.edu  
Last ride is Sept 30 Ride resumes in May

Thursdays - CBBC ride Cape Elizabeth (2/3-M) Rides start at 5:45 PM from the IGA in Pond Cove near the high school. rides start in May. For info contact Dave Collins: (233-8110, davidalmon@yahoo.com).

Saturdays-----CBBC ride (Yarmouth); 9:00 AM All year ride (2/3-M-15/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, Bill Jose 207-233-2753 billjtwo@hotmail.com

Sundays—9:00 AM. (2/3-L/M/B-20-50 miles), CBBC ride (Gorham); meet at the USM Field House on the Gorham Campus. Take Route 114 North from the intersection with Route 25 in the middle of town. At the blinker, 1/4 mile, turn left, field house is the second house on the right. FMI, contact Ken O'Brien 839-5468

**Ride Key**

**TERRAIN**

- 1 = Flat with a few easy grades
- 2 = Flat with a few rolling hills
- 3 = Rolling to moderate grades
- 4 = Rolling with some steep grades

**PACE**

- F = Family (less than 9 mph)
- L = Leasurely (9 -12 mph)
- M = Moderate (13 - 16 mph)
- B = Brisk (17 - 20 mph)

**Casco Bay  
Bicycle Club  
Officers:**

President  
Ron Levere  
levere@maine.edu  
846-4844

Executive Vice President  
Kathy Potrepka  
799-0757  
kcp@gwi.net

Operations VP  
Ken O'Brien  
839-5468  
kob2@maine.rr.com

Treasurer  
Dave Clements  
233-0393  
dclements@maine.rr.com

Secretary  
Barbara Stebbins  
846-4844  
stebbins@usm.maine.edu

Board Members

Steve Gordon

Ron Gillis  
gill.free@myfairpoint.net

Committee Chairs

Events Coordinators  
Patty Medina  
pmedina@usm.maine.edu

Mick McGinn  
mainemick@msn.com

Wed. Ride Coordinators  
Barbara Stebbins/Ron Levere  
846-4844  
stebbins@usm.maine.edu  
levere@usm.maine.edu

Membership Coordinator  
Chris Gillis  
cgillis@eastlandshoe.com

Newsletter Editor  
Steve Gordon 828-7990  
stevogordo@hotmail.com

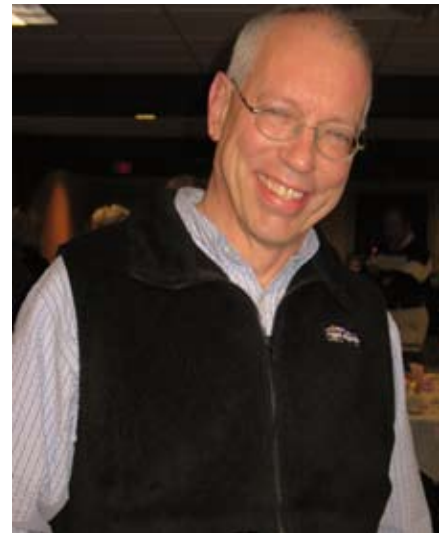
**Events**

**July 9 to 11 Maine  
Bike Rally**

This year our club and the Merrymeeting Club will be hosting the rally with little help from the BCM. It is important that we have a good crop of volunteers to make sure that all goes according to plan. For info: <http://www.mainebikerally.org>

**For the latest info on our events visit our web site.**

We all wish Dave Collins a speedy recovery from his skiing accident and hope to see him on the road this summer.





# BIKE WAY

CBBC - P.O. Box 10523  
PORTLAND, ME 04104

PLACE  
STAMP  
HERE

First Class

**CBBC meetings** are held on the third **Thursday** of the month at 7:00 PM. FMI, Call Ron Levere  
846 - 4844 Meetings will be in the Dana Center 2nd floor

## Casco Bay Bicycle Club Application Form

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone: (H)** \_\_\_\_\_ **(W)** \_\_\_\_\_

**(E-Mail)** \_\_\_\_\_

Include me on the CBBC e-mail distribution list: Yes\_\_No\_\_

### For Club use:

Member # \_\_\_\_\_

Date paid \_\_\_\_\_

Amt. Paid \_\_\_\_\_

Expires \_\_\_\_\_

### Mail to:

CBBC  
P.O. Box 10523  
Portland, ME 04104

I acknowledge that there is inherent risk of bodily harm in participation in any bicycling event and agree to assume all such risks. I hereby release and hold harmless Casco Bay Bicycle Club as well as their officers, organizers, ride leaders, sponsors and individuals for all claims, causes of action liabilities out of my participation in Casco Bay Bicycle Club events. I am at least 16 years of age and agree to obey traffic laws and rules of the road.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Membership:** Individual rate - \$15.00 Family Rate - \$25.00 Business rate negotiable  
Renewable annually in the month originally joined  
New \_\_\_\_\_ Renewal \_\_\_\_\_