

Tour 1A - Downeaster to Rally ECGW - 31.8 miles

July 8th-10th, 2011. Take the train to Portland and your bike to Rally base at Brunswick High School, following the East Coast Greenway route. The Downeaster is a great way to travel and see sights you can't see even from a bicycle. Best to verify the train you want has a baggage car to accommodate your bicycle.

At	Go	Onto	For	Travel Information
0.0	R	Station Access Rd	0.1	
0.1	R	Fore River Parkway	1.0	
1.1	S	Commercial Ave	2.0	
3.1	R	Eastern Prom Trail	2.1	Trail starts adjacent to the Ferry terminal in front of the Ocean Gateway Cruise ship terminal & proceeds along waterfront and next to narrow-gauge railroad tracks.
5.2	R	Connector trail to go under I-295	0.3	Loop under I-295 next to water
5.5	L	Back Cove trail on the I-295 bridge over Back Cove outlet	0.4	use trail/sidewalk on left side of underpass to stoplight interchange.
5.9	R	Veranda St.	0.6	
6.5	S	Join US 1 after going under I-295	0.2	
6.7	S	US 1	1.4	cross Presumpscot River
8.1	bR	ME 88/Foreside Rd.	4.9	through Falmouth Foreside
13.0	L	Tuttle Rd.	0.3	dirt road on right at turn
13.3	R	Middle Rd./Portland St.	1.7	entering Yarmouth
15.0	S	cross US 1	0.7	
15.7	L	ME 115/ Main St.	0.1	
15.7	R	Bridge St.	0.4	
16.1	R	Willow St.	0.2	
16.3	R	East Main St.	0.1	
16.3	bL	ME 88/Spring St.	0.5	
16.9	R	US 1	1.6	pass under I-295
18.1	R	Old South Freeport Rd.	0.3	YMCA, Town of Freeport
18.4	R	South Freeport Rd.	3.2	
21.7	R	Porter Landing/ Lower Mast Landing Rd.	1.9	go straight if you want to visit Freeport village and LL Beans
23.5	R	Bow St/Flying Point Rd.	4.2	
27.7	bear R	Bunganuc	2.0	
29.7	R	Woodside Rd	0.5	
30.2	L	Maquoit Rd	1.3	
31.5	L	High School Access	0.3	
31.8	S	End		

Rally Base (207) 449-8320

Ride Marshal (207) 319-8009