

Tour 23 - Bear Notch - 53.2 miles

Bear Notch done from this direction is a great introduction to notch climbs. Once you hit the winter closure gates the grade stays consistent the rest of the way up. Pick your level of exertion (pain) and it will stay the same all the way to the top.

Fortify yourself before the climb at the Barlett Store, a simple country store and traditional landmark for bicyclists and bicycling groups riding the White Mountains of NH.

Bear Notch is a fine climb. But many have commented that the second half of this ride feels like a coast all the way home. Use the gravity assist to enjoy the stupendous scenery along the "Kanc."

Three covered bridges thrown in at the end just for show.

At	Go	Onto	For	Travel Information
0.0	R	Bradley St.	0.2	
0.2	L	Main St.	0.5	
0.7	R	Route 113/River Rd.	1.2	
1.9	L	East Conway Rd.	5.5	Sherman's Farm Stand on left.
7.4	R	Route 302	1.3	Behind the police station on Meetinghouse Hill Rd. is a picnic area along the Saco River.
8.7	R	North/South Rd.	2.7	
11.4	L	Kearsarge Rd.	0.3	
11.7	R	Route 302	0.3	North Conway village and stores.
12.0	L	River Rd.	1.0	
13.0	S	West Side Rd.	5.4	
18.4	L	Route 302	4.0	
22.4	L	Bear Notch Rd.	9.0	
31.4	L	Kancamagus Highway	6.1	
37.5	L	Dugway/Passaconaway Rd.	6.4	Albany Covered Bridge Campground entrance. Follow through covered bridge to bear to right at far end of bridge. Stay right with major road at any Y intersections along this section.
43.9	R	West Side Rd.	0.9	Soon come upon another covered bridge with picnic tables. One hundred feet beyond it, on the left, is another covered bridge.
44.8	L	Main St.	2.0	
46.8	S	Route 302	6.4	
53.2	R	Fryeburg Academy		